**Registration for APPO Annual Update Medicine Update**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ MD / DO**

**Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Tel/cell \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Hospital affiliation \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Checks should be made payable to**: APPO Foundation**

**$50 attending physicians**

**$35 for residents/fellows, nurses and allied health**

**Sampaguita Ball dinner/dance** … **$75/ticket**

Cocktails 6 pm, dinner 7pm

Attire: formal

Education meeting …...………. . …$\_\_\_\_\_\_\_\_\_\_\_\_\_

Sampaguita ticket……………….......$\_\_\_\_\_\_\_\_\_\_\_\_\_

Donation………………..………….$\_\_\_\_\_\_\_\_\_\_\_\_\_

Total ………………………………$\_\_\_\_\_\_\_\_\_\_\_\_\_

Please mail this form with your check to :  
  
Jessica Strasburg, MD

23919 Shelburne Road

Shaker Heights, OH 44122

Or email me your registration to strasbj@gmail.com

You can pay on site by check or credit card

**\*2.2% PayPal fee for credit card**

For questions, please email Jessica Strasburg at [strasbj@gmail.com](mailto:strasbj@gmail.com) or call (216)287-7965

# 41st APPO

# Annual Medicine Update

**Doubletree by Hilton**

3663 Park E Drive, Beachwood Ohio 44122

Tel [(216) 464-5950](https://www.google.com/search?client=firefox-b-1&q=beachwood+doubletree+hilton)

Room block $109 for May 4, 2019 includes breakfast for 2

**Brought to you by:**

**Association of Philippine-American Physicians of Ohio Foundation**

**Jointly provided by the Ohio State Medical Association**

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**Registration for CME:**

**$50 for attending physicians**

**$35 for residents/fellows, nurses and allied health**

**This activity is approved for 5 CME hours.**

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**See back page for registration form**

Jessica Strasburg, MD

## Saturday May 4, 2019

Doubletree by Hilton

3663 Park E Dr

Beachwood, Ohio 44122

(see back for hotel information)

APPO CME Planning Committee



The mission statement of the APPO includes the commitment to provide its members with an annual education opportunity that addresses clinical concerns that are most top of mind to the majority of its members. The discussion this opportunity provides, in a social environment, provides APPO members with the opportunity to discuss, debate and discern current trends and issues they face in their practices.

Meeting objectives:

* Review hormonal contraceptive options and how to choose the best method for your patients.
* Review the epidemiology and updated treatment guidelines for cardiovascular disease in women.
* Update on new treatment guidelines and pharmotherapy available for diabetic patients.
* Review the newest health maintenance guidelines for adults for 2019 including cardiovascular disease and prevention, immunizations and cancer screening guidelines.
* How to intervene and identify those with a substance disorder and review available treatment resources.

**Continuing Professional Development**

**Schedule**

**Program Schedule (7:00am-1:45pm)**

**7:00 Registration/Breakfast-viewing of exhibits**

**7:50 Welcome address – Jessica Strasburg,MD**

**8:00 Anna Camille Moreno, MD: Update on Contraception**

**9:00 Tammana Singh, MD: Heart disease in Women**

**10:00 *Coffee break & viewing of exhibit***

**10:30 Leann Olansky MD: Update on Diabetes Treatment Options**

**11:30 Donald Ford, MD: Update on Preventive Medicine: Cardiovascular Risk Assessment, Prevention and Treatment, Cancer Screening and Immunizations 2019**

**12:30 Christine Delos Reyes, MD: Addressing the Opioid Epidemic (boxed lunch provided)**

**1:45 *Adjourn***

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Ohio State Medical Association and the Association of Philippine-American Physicians of Ohio Foundation. The OSMA is accredited by the ACCME to provide continuing medical education for physicians.

The OSMA designates this live educational activity for a maximum of 5.0 *AMA PRA Category 1 Credits* ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Jessica Strasburg, MD**

APPO President, 2018-2019

Email: strasbj@gmail.com

**The APPO is a non-profit foundation that provides CME programs for physicians and allied health professionals, conducts charitable and humanitarian projects here in the U.S. and in the Philippines**

www.philamohio.com/appo and Facebook

**Faculty**

**Jessica Strasburg, MD, FAAFP, NMCP**

**Program Director**

**Women’s Health Institute**

**Benign Gynecology/Chronic Pelvic Pain**

**Cleveland Clinic**

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**Anna Camille Moreno , MD  
Women’s Health Fellow**

**Cleveland Clinic**

**Tammana Singh, MD**

**Cardiology**

**Cleveland Clinic**

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### Leann Olansky MD

### Endocrinology

### Cleveland Clinic

### Donald Ford, MD, MBA, FAAFP

**Family Medicine**

**Cleveland Clinic  
Chief Medical Officer, Better Health Partnership**

**Christina Delos Reyes, MD**

**Psychiatry, Addiction Medicine**

**University Hospitals of Cleveland**

APPO Foundation