**Registration for APPO Annual Update Medicine Update**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ MD / DO**

**Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Tel/cell \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Hospital affiliation \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Checks should be made payable to**: APPO Foundation**

**$50 attending physicians**

**$35 for residents/fellows, nurses and allied health**

**Sampaguita Ball dinner/dance** … **$70/ticket**

Cocktails 6 pm, dinner 7pm

Attire: formal

Education meeting …...………. . …$\_\_\_\_\_\_\_\_\_\_\_\_\_

Sampaguita ticket……………….......$\_\_\_\_\_\_\_\_\_\_\_\_\_

Ipad raffle $5 per ticket…………….$\_\_\_\_\_\_\_\_\_\_\_\_\_

Total ………………………………$\_\_\_\_\_\_\_\_\_\_\_\_\_

Please mail this form with your check to :  
  
Jessica Strasburg, MD

23919 Shelburne Road

Shaker Heights, OH 44122

Or email me your registration to strasbj@gmail.com

You can pay on site by check or credit card

**\*2.2% PayPal fee for credit card**

For questions, please email Jessica Strasburg at [strasbj@gmail.com](mailto:strasbj@gmail.com) or call (216)287-7965

# 38th APPO

# Annual Medicine Update

**Brought to you by:**

**Association of Philippine-American Physicians of Ohio Foundation**

**Jointly provided by the Ohio State Medical Association**

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**Registration for CME:**

**$50 for attending physicians**

**$35 for residents/fellows, nurses and allied health**

**This activity is approved for 5 CME hours.**

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**See back page for registration form**

Jessica Strasburg, MD

Rumilia C. Tolentino-Nogueira MD

Toribio Flores, MD

## Saturday May 9, 2015

The Westlake Inn/Doubletree Hotel (former Holiday Inn)

1100 Crocker Road

Westlake, Ohio 44145

APPO CME Planning Committee



The mission statement of the APPO includes the commitment to provide its members with an annual education opportunity that addresses clinical concerns that are most top of mind to the majority of its members. The discussion this opportunity provides, in a social environment, provides APPO members with the opportunity to discuss, debate and discern current trends and issues they face in their practices.

Meeting objectives:

* Review the diagnosis, treatment guidelines for patients presenting with back pain in the primary care setting.
* Discuss and debate the latest treatments available for type 2 diabetes.
* Discuss Patient–Centered Medical Home and apply principles to the primary care setting in an effort to benefit and improve patient care.
* Review the diagnosis and evaluation of acute and chronic kidney disease in the primary care setting.
* View the pediatric vaccination schedule of 2015 and discuss barriers of vaccine administration and ways to overcome them.

**Continuing Professional Development**

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| --- |
| Program Schedule 7:00am-1:45pm |

**7:00 Registration/Breakfast-viewing of exhibits**

**7:45 Opening remarks –**

**Rumilia Tolentino Nogueira, MD**

**7:50 Welcome address – Jessica Strasburg,MD**

**8:00 Low Back Pain: What you Need to Know-Augusto Hsia, MD**

**9:00 Update and Treatment of Type 2 Diabetes-Jane Cases, MD**

**10:00 *Coffee break & viewing of exhibits***

**10:30 Patient-Centered Medical Home: A Transformation Journey -Mariquita Tolentino-Belen, MD**

**11:30 Kidney Disease in Primary Care-**

**Ronnie Ligon, MD**

**12:30 Vaccine Update 2015-Michelle Medina, MD**

**1:45 *Adjourn***

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Ohio State Medical Association and the Association of Philippine-American Physicians of Ohio Foundation. The OSMA is accredited by the ACCME to provide continuing medical education for physicians.

The OSMA designates this live educational activity for a maximum of 5.0 *AMA PRA Category 1 Credits* ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**Rumilia C. Tolentino-Nogueira MD, MSPH, AAHIVS**

APPO President, 2014-2015

Email: [romie75@msn.com](mailto:romie75@msn.com)

**The APPO is a non-profit foundation that provides CME programs for physicians and allied health professionals, conducts charitable and humanitarian projects here in the U.S. and in the Philippines**

www.philamohio.com/appo and Facebook

**Faculty**

**Jessica Strasburg, MD, FAAFP, NMCP**

Program Director

Staff, Family Medicine

Cleveland Clinic Solon

**Rumilia C. Tolentino-Nogueira MD, MSPH, AAHIVS**

Staff, MetroHealth Medical Center,

Assistant Professor, Case Western Reserve University, School of Medicine

**Toribio C. Flores, MD, FACS**

Staff, Head and Neck Institute

Cleveland Clinic

Asst professor of Otolaryngology, CWRU

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**Augusto Hsia, MD**

Medical Spine

Cleveland Clinic

**Jane Cases, MD**

Endocrinology

Marietta, Ohio

**Mariquita Tolentino-Belen, MD**

Clinical Assistant Professor of Family and Community Medicine

Family & Community Medicine

Canton, Ohio

**Ronnie Ligon, MD**

Nephrologist

American Kidney Institute

Parma, Ohio

**Michelle Medina, MD**  
Pediatrics

Cleveland Clinic

Independence, Ohio

APPO Foundation